



5K | Hero Ride

Saturday, September 24th, 2016 | Dankwardt Park, Burlington, Iowa
 5K starts at 9 am | Hero Ride begins at 10 am

STAR	SUPERSTAR	HERO	SUPERHERO
Youth 5K (for 12 years & younger)	5K Run/Walk (for 13 years & older)	Bike Ride Only (12, 24 or 34 mile route)	5K + Bike Ride (5K with bike route)
\$15	\$25	\$20	\$30
<i>After Sept. 14th \$25</i>	<i>After Sept. 14th \$35</i>	<i>After Sept. 14th \$30</i>	<i>After Sept. 14th \$40</i>

Subtract \$10 for no shirt option (through 9/14). Shirts are not guaranteed for registrations received after 9/14.

You can also register at GetMeRegistered.com

Early Packet Pick-up will be available
 Friday, September 23rd 11:30 am - 7:00 pm
 Parkside First Baptist Church
 300 Potter Drive, Burlington, IA 52601

Race Day Registration & Packet Pick-up will be located at the Dankwardt Park large shelter house
 5K: 7:00 - 8:30 am **Hero Ride:** 8:30 - 10:00 am
 (Debit and Credit cards accepted)

Both events will start and end at the Dankwardt Park large shelter. The park will be closed to traffic from 8:30 - 9:30 am.

Refreshments/healthy snacks and fun activities will be available for all ages so come join the fun!

Bike Rides are for experienced cyclists only. Helmets required.

Medals for Top Male & Female in All Age Groups (5K only)

This is a family friendly event to honor 10 year old Garrett. Proceeds will go to the Garrett M. Brockway Foundation in support of our efforts to increase organ donor awareness and to improve children's academic and athletic opportunities.

For more information, visit www.garrettspath.org

First Name _____ Last Name _____ Age _____ M/F _____

Address _____ City _____

State _____ Zip _____ Phone Number (____) _____

One form for every participant is required.

Forms can be dropped off at Running Wild.

PLEASE CIRCLE	Event Package	Shirt Size <small>TRIBLEND COTTON</small>
	STAR SUPERSTAR	UNISEX S M L XL 2X NONE
	HERO SUPERHERO	YOUTH XS S M L NONE

Yes! I am including a donation with my registration.

I know that participation in this event is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I understand and appreciate all of the risks associated with this event - including but not limited to: falls, contact with other participants, effects of weather, traffic, and road conditions. Having read and understood this waiver, I, for myself and all others, waive and release the Garrett M. Brockway Foundation, the city of Burlington, all sponsors, supporters, officials, volunteers and all others associated with this event. In exchange for consideration received, I hereby give permission to Garrett M. Brockway Foundation to use my name and photographic likeness in all forms and media for advertising, trade, and any other lawful purposes.

Signature _____ Date _____

(Parent or guardian must sign if the participant is under the age of 18)

Mail registration and payment to: Garrett M. Brockway Foundation, PO Box 942, Burlington, IA 52601

